

# BREAKFAST MENU

HIGH GROUND CAFE

paul@highgroundcafe.com.au

(03) 9799 2964

BREAKFAST AVAILABLE UNTIL 11AM

**Eggs on Toast** 9.90

FRIED, POACHED OR SCRAMBLED

**Mediterranean Omellete** 18.90

OLIVES, CAPSICUM, SPINACH, CHERRY TOMATOES,  
FETA CHEESE

**Old School Omellete** 18.90

HAM, CHEESE, MUSHROOM & TOMATO

**Chili Scramble** 19.90

BACON, FRESH CHILI, CORIANDER, SPRING ONION,  
PARMESAN

**Big Breakfast** 20.90

2 EGGS ON TOAST, BACON, CHORIZO, HASH BROWN,  
MUSHROOM, GRILLED TOMATO

**Veggie Breakfast** 19.90

2 EGGS ON TOAST, AVOCADO, HASHBROWN, MUSHROOM,  
GRILLED TOMATO

**Smashed Avocado** 20.90

ZESTY AVOCADO AND FETA SMASH, CHERRY TOMATO  
SERVED ON YOUR CHOICE OF BREAD WITH 2 POACHED EGGS

**EXTRAS:**

BACON, AVOCADO	4.0
MUSHROOM, CHORIZO	3.0
GRILLED TOMATO	2.5
HASHBROWN, SPINACH	2.0
SALMON	7.0

**Coffee & Drinks** S 4.5 M 5.5 L 6

CAPPUCCINO, LATTE, FLAT WHITE, MOCHA,  
ENGLISH BREAKFAST TEA, GREEN TEA, CHAI

Decafe, Strong 0.6

Vanilla, Hazelnut, Caramel 0.6

Soy, Almond, Oat, Lactose Free 0.6

Iced Coffee 7.7

Iced Latte 6.6

Milkshake - Chocolate, Vanilla, Strawberry 7.7

**Disclaimer:** While we take steps to minimum risk and safely handle the foods that contain potential allergens, please be advised that cross contamination may occur as factors beyond our reasonable control. We make every effort identify ingredients that may cause allergic reactions for those individuals with food allergies however cannot guarantee completely allergy-free meals.

# LUNCH MENU

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## BURGERS

Cheese Burger	9.9
The Lot	13.9
Hawaiian Burger	13.9
Southern Fried Chicken Burger	13.9

## SANDWICH BAR

<b>New</b> Minute Steak	15
<b>New</b> Banh Mi	10.9
<b>New</b> Souvlaki	17
Leg Ham / Salami	6.6
Chicken Roasted	8.8
Egg Sliced or Mashed w / Mayo	9.9
Cheese Sandwich	6.6
Salad Sandwich	5.5
Turkey Roasted	8.8

<b>EXTRAS:</b> ROLL / WRAP	1.1
CHEESE	1.2
SALADS	3.2
MORE THAN ONE MEAT	2.2
BEETROOT / TOMATO / CUCUMBER	0.6
LETTUCE / ONION / CARROT	0.6
AVOCADO	1.8
PINEAPPLE	1.5
EGG / COLESLAW	1.5
MAYO / GRAVY / SAUCES	0.3

## FOCACCIA PRE MADE OPTIONS 13.9

### FOCACCIAS & WRAPS MADE FRESH DAILY

Chicken pesto - Cheese, avocado, roasted capsicum and Mayo
Vegetarian - roasted vegetables, avocado and feta cheese
Pizza focaccia - Salami, ham, tomato, cheese, roasted capsicum and olives
Chicken Schnitzel - Roasted Capsicum, tomato, cheese, lettuce and mayo
Sweet Chilli Chicken Wrap - Chicken tender, cheese and sweet chili sauce

## HOT SANDWICHES

Chicken Schnitzel	9
Roast Beef	9
Roast Pork (Thursday only)	9
Chicken Parma w/ Chips	14.9

## HOT MEALS

Dine In	S 12.9	L 15.9
Takeaway	S 12.9	L 14.9

## SALADS

Dine In	S 12.9	L 15.9
Takeaway	S 12.9	L 14.9

## SWEETS

Selection of Slices & Cakes	6.6
Banana Bread / Muffins	6.6

## PASTRIES

Sausage Rolls	7.8
Spinach & Ricotta Rolls	7.8
Beef Pies	8
Quiche (see in-store varieties)	9

## SNACKS

Chips	S 6	L 7.7	L w/ gravy 8.8
Potato Cakes / Dim Sims	1.5		
Sweet Chili Chicken Strips	2.8		
South Melbourne Dim Sims	2.6		
Hot Dog in Batter	3		
Kransky Sausage	4.5		
Spring Rolls	3.3		