

HGC

HIGH GROUND CAFE

BREAKFAST

EGG, BACON, CHEESE Toastie	8.8
EGG, BACON Toastie	7.7
EGG BACON CHEESE Muffin	6.6
HAM, CHEESE Toastie	7.8
HAM, CHEESE, TOMATO Toastie	8.6
HAM CHEESE Croissant	8.8
PLAIN Croissant	6.6

Extra	
Roll \$1.10	Cheese 1.20
Bacon \$2.50	Avocado \$1.80
Sauce .30c	Tomato 80c

BIRCHER MUESLI <u>w</u> fresh fruit, yoghurt, honey	7.7
GRANOLA <u>w</u> yoghurt	7.7
SEASONAL FRUIT SALAD	7.7

PASTRIES FRESHLY BAKED DAILY

SAUSAGE ROLLS	7.7
SPINACH & RICOTTA ROLLS	7.7
BEEF PIES	7.7
QUICHE (see in store available varieties)	8.8

SNACKS

CHIPS	Sml 5.5	Lge 7.7	Lrg with gravy 8.8
POTATO CAKES / DIM SIMS			1.5
SWEET CHILLI CHICKEN STRIPS			2.5
SOUTH MELBOURNE DIM SIMS			2.5
HOT DOG IN BATTER			3.2
KRANSKY SAUSAGE			4.5
SPRINGROLL			3.2

SANDWICH BAR

LEG HAM/ SALAMI	6.6
CHICKEN ROASTED	8.8
SMOKED SALMON	9.9
EGG sliced or mashed w mayo	6.6
CHEESE SANDWICH	6.6
SALAD SANDWICH	5.5
TURKEY ROASTED	8.8

EXTRAS:

ROLL/WRAP	1.1
CHEESE	1.2
ALL SALADS	3.2
MORE THAN ONE MEAT	2.2
BEETROOT/ TOMATO/ CUCUMBER	60c
LETTUCE/ ONION/ CARROT	60c
AVOCADO	1.8
PINEAPPLE	1.5
EGG/COLESLAW	1.5
ALL MAYO/GRAVY/ SAUCES	30c

BURGERS

CHEESE BURGER	9.9
THE LOT	11.9
HAWAIIAN BURGER	11.9
SOUTHER FRIED CHICKEN BURGER	11.9

PUBLIC POLICY & DISCLAIMER: IF YOU HAVE ANY ALLERGIES, INTOLERANCES OR SPECIFIC DIETRY REQUIREMENTS, PLEASE NOTIFY OUR STAFF AND WE WILL TRY TO CATER FOR YOU AS BEST AS POSSIBLE. OUR KITCHEN AND SHOP CANNOT GUARANTEE AGAINST ANY CROSS CONTAMINATION WITH PEANUTS, TREE NUTS, MILK, LUPIN, EGGS, SESAME, FISH, SHELLFISH, SOY, WHEAT OR ANY OTHER FOOD

FOCACCIA PRE MADE OPTIONS 12.9

FOCACCIAS & WRAPS MADE FRESH DAILY

Chicken pesto - Cheese, avocado, roasted capsicum and Mayo
Vegetarianoasted vegetables, avocado and feta cheese
Pizza focaccia - Salami, ham, tomato, cheese, roasted capsicum and olives
Chicken Schnitzel - Roasted Capsicum, tomato, cheese, lettuce and mayo
Sweet Chilli Chicken Wrap - Chicken tender, cheese and sweet chili sauce

HOT SANDWICHES

CHICKEN SCHNITZEL	8.8
ROAST BEEF	8.8
ROAST PORK (Thursday only)	8.8
CHICKEN PARMA W/CHIPS	14.9

HOT MEALS (MEALS CHANGE EACH DAY CALL FOR INFO)

TAKE AWAY	Sml 11.9	Lge 13.9
DINE IN	Sml 12.9	Lge 14.9

SALADS

TAKE AWAY	sml 11.9	Lge 13.9
DINE IN	sml 12.9	Lge 14.9

SWEETS

SELECTION OF SLICES & CAKES	6.0
BANANA BREAD/MUFFINS	5.5

COFFEE

CHAI, CAP, LATTE, WHITE, TEA	sml 4.5	med 5.0	lge 6.0
MOCHA, DECAF, STRONG			60c
VANILLA, HAZELNUT OR CARAMEL SYRUP			60c
SOY, ALMOND, OAT, LACTOSE FREE MILK			60c